

## Johnson-Brock Lunch Menu - October 2017

Monday	Tuesday	Wednesday	Thursday	Friday
2  <b>FALL BREAK NO SCHOOL</b>	3  Cheese Burgers, French Fries, Fruit & Milk  Salad Bar K-12	4  Chicken Nuggets, Mashed Potatoes, Dinner Roll, Fruit & Milk  Salad Bar K-12	5  Pork Tenderloin w/Bun, Green Beans, Fruit & Milk  Salad Bar K-12	6  Pizza Day, Fruit & Milk  Salad Bar K-12
9  Shepherd's Pie, Corn, Dinner Roll, Fruit & Milk  Salad Bar K-12	10  Chicken Patty, Tater Tots, Fruit & Milk  Salad Bar K-12	11  Lasagna, Garlic Bread, Fruit & Milk  Salad Bar K-12	12  Grilled Cheese, Tomato Soup, Fruit & Milk  Salad Bar K-12	13  Chicken Strips, Mashed Potatoes, Gravy, Dinner Roll, Fruit & Milk  Salad Bar K-12
16  Bosco Stick, Corn, Fruit & Milk  Salad Bar K-12	17  Soft Beef Taco, Green Beans, Cookie, Fruit & Milk  Salad Bar K-12	18  Chicken Fried Steak, Mashed Potatoes, Dinner Roll, Fruit & Milk  Salad Bar K-12	19  Chicken Wrap w/the Works, Corn, Fruit & Milk  Salad Bar K-12	20  Ham Sub Sandwich w/the Works, Chips, Fruit & Milk  Salad Bar K-12
23  Spaghetti w/Meat Sauce, Garlic Bread, Fruit & Milk  Salad Bar K-12	24  Chicken over Mashed Potatoes, Dinner Roll, Fruit & Milk  Salad Bar K-12	25  Chicken Alfredo, Dinner Roll, Fruit & Milk  Salad Bar K-12	26  Philly Steak, Chips, Fruit & Milk  Salad Bar K-12	27  <b>FALL BREAK NO SCHOOL</b>
30  Sweet & Sour Chicken, Rice, Peas, Fruit & Milk  Salad Bar K-12	31  Ghooolash, Green Bean Fingers, Dinner Roll, Halloween Treat, Fruit & Milk  Salad Bar K-12	<p><b><i>This institution is an equal opportunity provider.</i></b></p> 		

Fruit & Vegetable Salad Bars at Johnson-Brock School comply with the National School Lunch Program. Students will visit the salad bar daily. Fruits and vegetables play a very important part; providing many nutritious and healthy options to choose from.